

A. Adjustable Hurdle Ladder



AHL

B. Adjustable Agility Ladder



AAL

C. Economy Agility Ladder

AAL27



D.

Step Hurdle



SH6
SH12

E.

Steel Plyo Boxes



BOXES



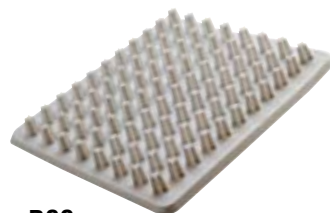
F.

Cleat Cleaners



LCC

12" x 11"



RCC



TCC

Travel cleat cleaner

A. Adjustable Hurdle Ladder.

AHL - 6 spring loaded hurdles are easily adjustable in both distance apart and heights of 6" to 12". Total length of 16'. Ladders can be buckled together. Includes nylon carrying bag.

B. Adjustable Agility Ladder.

AAL - Two 15' ladders with 11 adjustable flat slats each. Two ladders can be combined with buckle to make a 30' ladder. Slats are slotted in center to slide on handy carry handle for easy storage. **Includes carrying bag.** 5 lbs. Pat. No. 224,090.

C. Economy Agility Ladder.

AAL27 - Economy priced for all ages and skill levels. Comes in two sections that measures 27 feet when connected. Rungs are 16" wide and 16" apart. Includes carrying bag.

D. Step Hurdles.

Helps improve step quickness and agility. Position for plyometric jumps or running drills. Constructed of durable lightweight PVC tubing. Sold in sets of 6.

SH6 - 6" Step Hurdles.
SH12 - 12" Step Hurdles.

E. Steel Plyo Boxes.

BOXES - Plyometric jumping on/off boxes is great for improving leg strength and balance. Made of heavy-duty 1-1/4" tubular steel. Landing surface is covered with 3/8" thick rubber to cushion landings. Legs are constructed at a angle/tapered design for greater stability and stacking. Bottom of legs have anti-skid rubber to prevent slipping and protect floors. Sold in 4 pc. set of 12", 18", 24" & 30" heights.

F. Cleat Cleaners.

LCC - Extra large size 23" x 24" square molded board with built-in carrying handle. 100 heavy-duty plastic pegs allow 2-3 players to use at same time. Easy clean up.

RCC - Heavy duty throw-down pad has 88 tough rubber bristles to quickly remove debris from bottom of shoes. 12" x 11". Has a hole on each corner for stake-down option.

TCC - Travel cleat cleaner with molded-in carrying handle. 15" x 12" with 88 tough rubber bristles to quickly remove debris from bottom of shoes. **Orange.**