

Jump Ropes, Badminton & Weight Lifting

Jump Ropes

A. Heavy-Duty Nylon
w/wood handles
JRH



B. Heavyweight Leather
JRL



C. Vinyl Speed Ropes
5 sizes
SR_



D. Plastic Segmented Ropes
5 sizes
JR_



E. Weight Lifting Belts
2-prong buckle
LB4 - 4" wide
LB6 - 6" wide



F. Ankle & Wrist Weights
AW5
WW2



AW10

H. Badminton Net
NBD



I. Badminton Raquet
BDR

G. Shuttlecocks

BDSI - indoor



BDSO - outdoor

A. Jump Ropes.

JRH - Heavy Duty 8 1/2' Nylon Rope with wood ball-bearing handles.

B. JRL - 8 1/2' Leather Jump Rope with ball bearing handles.

C. Vinyl Speed Ropes.

Poly ropes with plastic swivel handles for speed jumping. Retail packaged.

SR7 - 7'
SR8 - 8'
SR9 - 9'
SR10 - 10'
SR16 - 16'

D. Plastic Segmented Link Jump Ropes.

JR7 - 7' Red/White
JR8 - 8' Blue/White
JR9 - 9' Yellow/White
JR10 - 10' Red/White/Blue
JR16 - 16' Red/White/Blue

E. Weight Lifting Belts.

Two Prong Buckle. Natural finish high quality cowhide. 4 sizes in both belts:

LB4 - 4" Wide. **LB6** - 6" Wide.
S (25" - 35")
M (31" - 41")
L (34" - 45")
XL (39" - 49")

F. Ankle and Wrist Weights.

AW10 - Two 5 lb. tough ankle weights have velcro closure. Boxed.
AW5 - Two 2 1/2 lb. ankle weights. Boxed.
WW2 - Two 1 lb. wrist weights. Boxed.

G. Shuttlecocks for Badminton.

BDSI - Nylon indoor tournament quality. 6/tube.
BDSO - Nylon outdoor tournament quality. 6/tube.

H. Badminton Net.

NBD - 1" polyethylene mesh, white nylon tape around top & edges, poly cable & tie down.

I. Badminton Racquet.

BDR - Lightweight tempered steel frame, durable nylon-coated steel strings and leather grip.